



Anderson Park District

Youth Volleyball Bylaws – Recreational Leagues

COACH REQUIREMENTS: Coaches Application, Coaches Code of Ethics, Background Check Form, Concussion Training and Lindsay Law Certification. These forms are to be completed before the team's first practice. The APD recognizes only one head coach and one assistant coach per team.

PLAYER REQUIREMENTS: Registration Form, Release of Liability, and Full Payment. Players who are not on the official roster will not be allowed to play without proof of identification. Player information must match what was given to the APD on the individual's registration form.

- **RELEASE OF LIABILITY** - Each player's parent or guardian must sign the release on the registration form before he/she is eligible to play.
- If a player is unable to regularly attend practices & games due to schedule conflicts, we will make an attempt before the regular season begins to find him/her a new team or refund the registration fee.
- **Substitutions (Subs for absent players):** There are no open substitutions in our recreational leagues.

UNIFORMS: Grades 2-6 must wear the uniform provided by the APD. All players must wear gym shoes and athletic shorts or volleyball shorts. Uniforms may not be altered in any way. Numbers must be visible on the front and back.

JEWELRY: All jewelry must be removed prior to each game and practice. For the safety of the players, earrings will not be allowed. Band-aids or other similar padding will also not be an acceptable means of protection for pierced ears.

EQUIPMENT: Game balls will be provided by the APD. The APD does not provide volleyballs or knee pads for players. See specific league rules/modifications for volleyball weight. The APD may have Volley-Lites available for purchase, while supplies last.

- An injured player is not allowed to play in a game with a hard cast/boot/brace on any part of their body. Soft braces are allowed if there are no hard surfaces that may harm another player. This determination will be enforced at the official's discretion.

GYMS: The APD schedules volleyball in various gyms in the community. The Anderson Parks RecPlex (6915 Beechmont Ave.) is leased and operated by the APD. Other facilities rented to offer youth volleyball leagues include; Zion Lutheran Church and Parkside Christian Church.

GYM RULES: Coaches are responsible for their players and spectators whenever they are in the gyms. The restroom closest to the gym is available for use. Players, siblings and parents are not allowed in the hallways or classrooms of any facility at any time.

- Due to the limited parking and space in the gymnasiums, please do not arrive to the gym more than 10 minutes before games or practices. In the RecPlex, other classes and rentals take place prior to basketball. If you have the first game/practice, please do not assume the gym will be available earlier.
- Other organizations (Zion & Parkside) have been very generous with us regarding use of their facilities; please make sure your team respects the facilities so we can maintain our good relationship.
- Siblings of players are not allowed to be dropped off and/or left at practices or games without their parent's supervision.
- Food & beverages are not permitted in the gyms. Only water is permitted.

GAME SCHEDULES: The APD guarantees a minimum number of games based on the season. Games are to be played as scheduled. Games will only be rescheduled if bad weather causes less than the minimum number of games being played in a season. Game schedules will be emailed to the coaches following the coaches meeting.

PRACTICES: Practice time & location will be selected by the coach, from a group of prepared schedules, at the coaches meeting. The APD receives a specific number of hours in the gyms and creates practice schedules that are as consistent as possible.

Practices are scheduled on the hour and take place once a week. Practice times run back to back so teams should plan on a 55 minute practice and be respectful of those scheduled before and after their practice. Team 'meetings' should take place before the hour is up or off the court in a hallway after practice so the next team can get started on time.

The recognized head and/or assistant coach must be present at all practices. If they are not able to attend, a replacement must be approved by the APD (background check completed).

CANCELLATIONS/POSTPONEMENTS: Should severe weather develop, call the Park District Hotline at **357-6629: ext. 1**, on the day of the game or practice. If Forest Hills Schools or CPS are canceled, all activities scheduled in the school gyms are canceled. HOWEVER, if practices or games are scheduled at the RecPlex, Zion or Parkside; they may be played. Park staff will try to update the hotline an hour before games if possible. Canceled games will be made up at the discretion of the league supervisor.

SPORTSMANSHIP, EJECTIONS & PROTESTS: Good sportsmanship is a must and expected of all coaches, players and spectators! Derogatory remarks yelled at coaches, players, staff, officials, parents or other spectators by anyone during the season will not be tolerated. Those making such remarks will be asked to leave immediately by the referee or gym attendant. Ejected head coaches, assistant coaches, players or spectators have 5 minutes to leave the premises or the game may be forfeited. Any person ejected from a game is also suspended for the next game and cannot come to the gym. The APD staff or officials will file a written report within 24 hours.

- Officials are not perfect and will make mistakes, as even the professionals will at times. They are providing their service due to their unselfish interest in making the leagues enjoyable and rewarding to the children. We will not tolerate arguing of any kind.

APD STAFF & OFFICIALS: The APD will provide an official for the recreational leagues. Each team is responsible for providing a volunteer line judge. An APD staff person will be facility attending at the RecPlex.

AWARDS: Every player in the recreational leagues will receive a participation award.

LEAGUE RULES & MODIFICATIONS: There are rule modifications made to meet the recreational and/or competitive nature of each ATPD league. (See specific league modifications and rules for the league registered for) All other rules will be governed by the National Federation of High School Volleyball Rules.

***ANDERSON PARK DISTRICT RESERVES THE RIGHT TO MODIFY ANY OF THE ABOVE STATEMENTS
AS DEEMED NECESSARY.***