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Anderson Boy Scout helping community stay fit

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John Kammerer was looking for a way to help his community.

For his Eagle Scout project, the 18-year-old Anderson Township Boy Scout installed a five-station fitness circuit at Veterans Park on Forest Road.

"Being physically fit is a big part of my life and I wanted to give the community a chance to be healthy," he said.

Kammerer, who ran cross country and track during his time at St. Xavier High School, presented his idea to the Anderson Township Park District.

He worked with equipment manufacturer GameTime to determine the best fits for the park and settled on sit up, pull up, push up, bench dips and a stretch station.

Kammerer raised \$4,250 from local businesses to install the parcourse fitness trail and the Park District donated the remaining \$1,750.

He gathered his friends, family and fellow scouts from Troop 445 to install the equipment at the end of May.

"It's one of the best Eagle Scout projects we've seen," said Ken Kushner, executive director of the Park District.

"He really went above and beyond."

Kammerer has been back to Veterans Park a few times since the equipment installation and said he's glad people are using the fitness circuit.

"It's there so everyone can use it," said Kammerer, who joined the Boy Scouts in 2003.

He plans to attend Miami University in the fall to study business.
